

My Life Plan

OBITUARY

MY STORY SUMMARY

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My Life Plan **Ten-Year Vision**

MOVIE TITLE

The Community Leader

AGE

52

CAREER

Launch *Haven Collective* and scale to 7 women-focused co-working spaces globally.

Write two books and become a recognized speaker on architecture and women's empowerment.

HEALTH

Maintain a consistent wellness routine (movement, rest, nutrition).

Prioritize mental health through regular therapy or retreats.

FAMILY & FRIENDS

Stay closely connected through regular calls, visits, and shared experiences.

Host one intentional gathering or retreat with close friends each year.

SPIRITUAL

Practice daily reflection or journaling to stay grounded in purpose.

Attend one spiritual or values-based retreat each year

2 THINGS I TRY TO DO EVERYDAY

Write or ideate for one hour to develop content, vision, or strategic plans.

Connect with one woman in my network to listen, support, or collaborate.

2 THINGS I DON'T DO

Compare myself to others.

Sacrifice long-term purpose for short-term comfort.

MY STORY SUMMARY AT THIS POINT IS

An architect launches a global network of co-working spaces for women, becomes a bestselling author, and mentors the next generation—building a movement of connection and empowerment.

My Life Plan **Five-Year Vision**

MOVIE TITLE

The Visionary

AGE

47

CAREER

Launch *Haven Collective* with 2 co-working spaces across major cities.

Write and publish her first book on design and women-focused spaces.

Begin speaking at conferences and establish herself as a thought leader.

HEALTH

Create a balanced weekly routine: exercise, clean eating, and rest.

Attend one wellness retreat annually for physical and mental renewal.

FAMILY & FRIENDS

Build a local circle of supportive friends in key launch cities.

Cultivate 2–3 deep, consistent friendships that keep her grounded.

SPIRITUAL

Develop a daily practice of journaling or mindfulness.

Reflect quarterly on alignment between work and purpose.

2 THINGS I TRY TO DO EVERYDAY

Write or ideate for one hour.

Connect with one woman in my network.

2 THINGS I DON'T DO

Delay decisions out of fear.

Say yes to projects that don't align with the mission.

MY STORY SUMMARY AT THIS POINT IS

An architect launches her first co-working spaces for women, publishes a book on intentional design, and begins building a platform to mentor and inspire future changemakers.

My Life Plan **One-Year Vision**

MOVIE TITLE

The Builder

AGE

42

CAREER

Finalize the business model for *Haven Collective* and secure funding.

Design and open the first flagship co-working space.

HEALTH

Establish a weekly wellness routine with movement, rest, and nutrition.

Complete one personal health goal (e.g., run a 10K or start strength training).

FAMILY & FRIENDS

Host one intentional gathering to share her vision and build community.

Set monthly check-ins with her closest friends.

SPIRITUAL

Start a daily journaling habit to reflect on purpose and progress.

Define her core values and revisit them monthly.

2 THINGS I TRY TO DO EVERYDAY

Write or ideate for one hour.

Connect with one woman in my network.

2 THINGS I DON'T DO

Doubt my vision when faced with obstacles.

Delay creating because it's not "perfect."

MY STORY SUMMARY AT THIS POINT IS

An architect lays the foundation for her first co-working space, shares her ideas publicly, and begins building the platform that will shape a global movement.

My Life Plan **One-Year Vision**

PRIMARY TASKS

DEADLINE

1. Incorporate *Haven Collective* and establish legal/business foundations.
2. Develop the brand identity and mission statement.
3. Secure funding or investment for the first location.
4. Select and design the first co-working space.
5. Hire a small founding team or advisors.
6. Publish 3–5 articles or blog posts on design, women's spaces, and community.
7. Outline and begin writing her first book.
8. Host a soft launch or pilot event in the flagship space.
9. Create a mentorship framework for future architects or collaborators.
10. Track and reflect on progress quarterly.